# 3D PRINTED DENTAL MODELS:

#### A Cost-Effective Adjunct to Clinical Experience

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## The Gap



#### Simulation

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#### Simulation

Cold, hard reality

## Will present 3 specific use-cases:

- 1. 3D printed carious teeth
- 2. Realistic crown exercises
- 3. Advanced cases toothwear

#### 1.3d printed carious teeth









### 1.3d printed carious teeth















# Full arch of bespoke teeth



Distal caries UR5 to be treated





Access with high speed

# Caries visible in dentine



Caries feels soft and can be hand excavated



Soft caries can also be removed with slow speed



Preserve distal wall to avoid damage to UR6



Confirm caries removal with probe



# Break distal wall with excavator





#### Final cavity

# 3D Printed Caries Removal

- Pathology-led training, rather than template cutting
- Correct use of all instruments required
- Highly cost effective (less than a standard Frasaco tooth)

## 2. Realistic Crowns



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### 2. Realistic Crowns





#### <u>Appropriate</u> occlusal reduction



Mesio-buccal cusp reduction Aiming for 1.5mm occlusal clearance

#### Appropriate occlusal reduction

Some lingual regions left untouched



Distal cusps reduced where needed

#### **Breaking contacts**

Fine needle diamond bur



Preserve a thin wall of enamel, then break with hand instrument



#### Retraction Cord (if required)

 Moisten with water and apply





### Retraction Cord (if required)

• If cord was used, we suggest a cord-in impression technique for this model



#### **Tray Selection and Silicone Impression**





#### Temporary using 'wax-up'

#### Original

#### Wax Up (ML cusp)



#### Fit Appointment Simulation





## Fit Appointment Simulation

Must identify reason for not seating and correct it



# Fit Appointment Simulation

#### Must identify reason for not seating and correct it





# Realistic Crown Exercises

- Patient-specific preparation
- Full procedure including adjusting the final crown to fit

### 3. Wear Case Composite Build-Ups



Cut down UR3 to UL1 to just below the contact points

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# Advanced Wear Case

- Realistic pattern of tooth surface loss
- Gain experience using silicone stent for composite build-ups

## Summary

3d printing offers cost-effective ways to enhance clinical simulation and move closer to real clinical situations.

Used as an adjunct to clinical experience, not a replacement.